



# OCTANE WELLNESS

Sustainable Life Fuel

- Outcome based wellness strategy
- Risk mitigation of chronic diseases and potential at-risk conditions
- Web-supported Health Risk Assessments and online Biometric appointment scheduling to simplify participation
- Personalized Health Coaching, goal setting, and achievement monitoring
- Synchronized Primary Care Physician communication and Disease Management interventions

## INETICO ADVANTAGE:

Early identification, member education and referral to appropriate Care Management programs significantly improve the clinical health of members while reducing immediate and long-term financial exposure to the plan.

